



College of
Occupational
Therapists

Specialist Section

Independent
Practice

ANNUAL CONFERENCE TRANSPORT, LOCATION & HOTEL INFORMATION

The 2012 COTSS-Independent Practice annual conference will be held at Hilton Milton Keynes.

This fact sheet will help you plan your journey to and from the conference.

Getting to Hilton Milton Keynes

By Road

Hilton Milton Keynes is conveniently located close to junctions 13 and 14 of the M1.

Hilton Milton Keynes
Timbold Drive
Kents Hill Park
Milton Keynes
MK7 6HL

Tel: 01908 6944

Web: www.hilton.com

Need directions? We suggest www.theaa.com

By Air

Hilton Milton Keynes is located 25 miles from Luton Airport which serves Belfast, Inverness, Aberdeen, Glasgow, Edinburgh as well as the Isle of Man. Milton Keynes is also within easy reach of London Gatwick, London Heathrow and Birmingham airport.

Please contact your local airport or visit their website for information on flights.

Birmingham - direct rail service between Milton Keynes Central and Birmingham International usually 1 train per hour and a typical journey time of 50 minutes.

London Gatwick - no direct rail service travel via London.

London Heathrow - no direct rail service travel via London. Alternatively catch an express bus which run approx. 2 hourly with a journey time of about 3 hours.

By Coach

National Express offer coach travel from over 1000 destinations in the UK.

Convenient local departure points for those who don't want to drive but have no local access to rail or air services.

Many National Express do not make the journey into the city centre; instead they call at the Coachway which is adjacent to junction 14 on the M1 and about 2.5 miles east of the shopping centre. The Park & Ride buses (route 300) and service X5 link the Coachway to the shopping centre and railway station.

For price and timetable information visit: www.nationalexpress.com

By Train

Milton Keynes is the closest mainline rail station and allows easy access to the rail network connecting with other major towns and cities across the UK.

For price and timetable information visit www.trainline.co.uk

Hilton Milton Keynes

All guest rooms at the Hilton Milton Keynes feature high-speed internet access and on-demand movies. Upgrade to a recently refurbished Deluxe Room and enjoy a separate seating area.

On site you will also find a gym at the LivingWell Health Club, where you can plunge into the indoor pool or relax in the sauna. In the New Horizons Restaurant you can savour classic British cuisine and international favourites and you can also unwind with an evening drink in the bar.

Rates:

Single occupancy £65 per night inclusive of breakfast

Twin/Double occupancy £75 per night inclusive of breakfast

Alternative Accommodation

A host of other hotel options are available in Milton Keynes including the following local hotels:

	Thursday	Friday	Saturday
Campanile Hotel	£39	£39	£49
Ramada Encore	£55	£38	£38
Novotel	£61	£47	£47

All hotels and prices were available via expedia.co.uk 04/12/11



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